



May 9, 2013

Dear Coach:

Congratulations to you and your athlete(s) for qualifying for the 2013 Coed State Track Meet in Des Moines. Unity Point Health – Des Moines will provide the Athletic Training and Sports Medicine services for the meet. All Athletic Trainers will be easily accessible and noticeable throughout the meet. Please inform your assistant coaches, athletes and parents of our presence and the services that we offer.

The primary “training room” site will be located on the northeast side of Drake Stadium near the athlete’s entrance in the outside corner of the track. When the track meet begins we will staff this area and the finish line. We will do everything possible to be at exchange areas when needed. Water stations will be located throughout the track and near the field event areas. Our staff of Certified Athletic Trainers will be available one hour prior to the first race and throughout the competition day for most pre/post race needs including taping, ice, fluids, injury assessment, wound care, information, etc.

No form of massage, ice bath or ice tub will be provided by the Athletic Training staff or at the “training room” site.

In cases where the Iowa High School Athletic Association or Iowa Girls High School Athletic Union have designated licensed health-care providers for their sponsored events/tournaments, the decision of those licensed health-care providers regarding a student who is exhibiting signs, symptoms, and behaviors consistent with a concussion returning to competition at any time during those events/tournaments shall be final.

If you have any questions, comments or concerns on how we can improve our services to you, please feel free to contact me at 515-224-5225 (office) or 515-205-3035 (cell). Unity Point Health – Des Moines is very proud to provide Certified Athletic Trainers and Sports Medicine services to the Coed State Track Meet. Thank you for your cooperation and we wish you all the best during your competition in Des Moines.

Sincerely,

Chris Wiedmann, ATC, LAT
Coordinator of Athletic Training and Sports Medicine Services
Iowa Health – Des Moines